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~~*The Downfall of
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Syrup (HFCS)*~~

~~What's the
Difference Between
Sugar and High
Fructose Corn
Syrup? Table Sugar
vs High Fructose
Corn Syrup (HFCS)~~

~~How To Find High
Fructose Corn~~

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Syrup in Your Food
*House Call: Why
You Should Never
Eat High Fructose
Corn Syrup*

High Fructose Corn
Syrup - Facts and
Alternate Solutions
- With Dr. Edward
Group Honey, High
Fructose Corn
Syrup, and the
Problems with
Nutrition Research

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High-Fructose Corn

*Syrup: The \"Dark
Lord\" of Nutrition*

High-fructose-corn
syrup High

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Syrup - Avoid Corn

Syrup Versus High

Fructose Corn

Syrup The Perfect

Diet - Dr.Berg Keto

Sweeteners and

Sugar Alternative

as Explained by

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Dr. Berg \u0026amp;

Dr. Karen How to
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Effects of High

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Belly Fat: FAST!

Dr. Berg Five Best

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Dr. Josh Axe Dr.

Berg \"Trying\" to

Find Keto Friendly

Foods at the

Grocery Store -

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Dr. Berg On Keto

Grocer Sugar and
Syrup Bad For
Cholesterol

The Apple
Experiment - Part 1

The Trouble With

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Loss Tips by Dr.

Berg Acceptable

Drinks for

Intermittent

Fasting Fruit

Fructose vs. High

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*Fructose Corn
Syrup (HFCS) -
Dr.Berg On
Artificial*

*Sweeteners Ants
Love High Fructose
Corn Syrup (HFCS)
as Much As We Do
!! : Dr.Berg How to
Avoid the Dangers
of High Fructose
Corn Syrup **How Is
High Fructose
Corn Syrup***

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Processed? *High*

Fructose Corn

Syrup Why You

Should Never Eat

High Fructose Corn

Syrup EX e: How

does High Fructose

Corn Syrup impact

Cholesterol in

Young People?

[Science Analysis]

Sugar vs. Corn

Syrup

Is High Fructose

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Corn Syrup Corn

High-fructose corn syrup, also known as glucose-

fructose,

isoglucose and glucose-fructose syrup, is a

sweetener made from corn starch.

As in the production of conventional corn syrup, the starch is

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broken down into glucose by enzymes. To make HFCS, the corn syrup is further processed by glucose isomerase to convert some of its glucose into fructose. HFCS was first marketed in the early 1970s by the Clinton Corn Processing

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Company, together
with the Japanese
Agency of
Industrial Science
and Techn

High-fructose corn
syrup - Wikipedia
High-fructose corn
syrup is a common
sweetener in sodas
and fruit-flavored
drinks. As use of

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high-fructose corn syrup has increased, so have levels of obesity and related health problems. Some wonder if there's a connection. High-fructose corn syrup is chemically similar to table sugar. Controversy exists, however, about whether the

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body handles high-fructose corn syrup differently than table sugar.

Industry

High-fructose corn syrup: Any health concerns? - Mayo Clinic

To make HFCS, enzymes are added to corn syrup in order to convert

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Fructose Corn
Syrup Bad For
The Apple
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some of the
glucose to another
simple sugar called
fructose, also
called “fruit sugar”
because it occurs
naturally in fruits
and...

High Fructose Corn
Syrup Questions
and Answers | FDA
High-fructose corn

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Syrup (HFCS) is an artificial sugar made from corn syrup. Many experts believe that added sugar and HFCS are key factors in today's obesity epidemic (1 , 2).

6 Reasons Why
High-Fructose Corn

Page 18/39

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Syrup Is Bad for
You

The sweetener is
made from

processed corn
starch. Starches
are made of long
chains of linked
sugars, and HFCS
is produced by
breaking down the
starch into a syrup
made of the sugar
glucose....

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Syrup Bad For

What Is High

Fructose Corn

Syrup and Is It Bad

For You ...

High fructose corn syrup (HFCS) is a sweetener derived from corn syrup, which is processed from corn. It's used to sweeten processed foods

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and soft drinks —
primarily in the
United States....

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High-Fructose Corn
Syrup: Just Like
Sugar, or Worse?
Fructose, the
sweetest form of
sugar, is naturally
found in fruits, root
vegetables, and
honey. It's most

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often found in processed foods in the form of high-fructose corn syrup. The corn syrup we use in the kitchen

Corn syrup vs. HFCS: What's the difference?
But the truth is that corn syrup and

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high-fructose corn syrup are two different products. Both products are made from corn starch, but regular corn syrup is 100 percent glucose, while high-fructose corn syrup (HFCS) has had some of its glucose converted to fructose enzymatically.

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Scientists are examining the potentially negative effects of consuming large amounts of fructose in the form of HFCS, but regular corn syrup is not part of that consideration, as it does not contain fructose.

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Corn Syrup vs.
High-Fructose Corn
Syrup: There Is a ...

High-fructose corn
syrup (HFCS), on
the other hand, is
derived from
cornstarch, which
consists of a chain
of only glucose
molecules. To
create HFCS,
enzymes are added

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to cornstarch to
convert much of
the glucose to
fructose. Food
manufacturers
favor HFCS
because it's
cheaper than
sucrose.

Is High-Fructose
Corn Syrup Really
Worse Than

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Regular ... Corn

High-fructose corn syrup (HFCS) is a sweetener made from corn starch. It has a similar chemical composition and effect on the body as table sugar. HFCS is commonly used because it's very cheap,...

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Fructose Corn

20 Foods With High-
Fructose Corn
Syrup (HFCS)

High fructose corn
syrup is also called
glucose-fructose,
isoglucose and
glucose-fructose
syrup. Some
people, especially
the companies
producing and
using HFCS, like to

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say that it's no different from regular sugar. But that's just not true. HFCS contains more fructose than table sugar, which is a dangerous difference.

High Fructose Corn
Syrup: 9 Dangers
of Consuming - Dr.

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Axe Fructose Corn

High fructose corn
Syrup Bad For
syrup is a

The Apple
sweetener that

Industry
manufacturers

make from corn

starch. As with

other sugars, it can

cause tooth decay,

obesity, and

metabolic

syndrome when a

person consumes it

in large...

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Syrup Bad For

High fructose corn
The Apple
Industry
syrup foods: Which

to avoid and why

High Fructose Corn
Syrup (HFCS) is a

sweetener made
from corn starch.

The FDA considers
HFCS to be GRAS.

But exposure to
HFCS is highly

controversial for

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several reasons. HFCS-infused products like sodas typically exhibit “higher than expected” levels of fructose. (The fructose levels in these drinks are often not disclosed.)

Toxic FDA-

Page 32/39

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Approved Food
Additives | Project
CBD

HFCS is a liquid fructose-glucose sweetener made from corn that is commonly substituted for sugar in processed foods. It was introduced in the US food supply in 1970 due to

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Escalating cane
and beet sugar
costs.

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A brief history of
high fructose corn
syrup

Corn syrup is a
food syrup which is
made from the
starch of corn
(called maize in
many countries)

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and contains varying amounts of maltose and higher oligosaccharides, depending on the grade. Corn syrup, also known as glucose syrup to confectioners, is used in foods to soften texture, add volume, prevent crystallization of sugar, and

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enhance flavor.

Corn syrup is distinct from high-fructose corn ...

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Corn syrup -

Wikipedia

Fructose is a type of sugar that makes up around 50% of table sugar and high-fructose corn syrup.

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Scientists are concerned that excessive intake may cause metabolic disorders. Why Is Fructose Bad...

Is Fructose Bad for You? The Surprising Truth The Corn Refiners Association (CRA),

Page 37/39

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Industry

a large organization that represents the corn refining industry, has continued to assert that high-fructose corn syrup is completely safe and perfectly 'natural', yet many health experts are calling the organization out on their claims.

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