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In The Four Agreements shamanic teacher and healer Don Michael Ruiz exposes self-limiting beliefs and presents a simple, yet effective code of personal conduct learned from his Toltec ancestors. Full of grace and simple truth, this handsomely-designed book makes a lovely gift for anyone making an elementary change in life, and reads in a voice like one would expect an indigenous shaman to sound.

The Four Agreements: Practical Guide to Personal Freedom ...

The Four Agreements: A Practical Guide to Personal Freedom is a self-help book by bestselling author Don Miguel Ruiz with Janet Mills. The book offers a code of conduct based on ancient Toltec wisdom that advocates freedom from self-limiting beliefs that may cause suffering and limitation in a person's life. First published in 1997, the book has sold over 8.2 million copies in the US and has been translated into 46 languages worldwide. The book gained popularity after being endorsed by Oprah Win

The Four Agreements - Wikipedia

In The Four Agreements shamanic teacher and healer Don Michael Ruiz exposes self-limiting beliefs and presents a simple, yet effective code of personal conduct learned from his Toltec ancestors. Full of grace and simple truth, this handsomely-designed book makes a lovely gift for anyone making an elementary change in life, and reads in a voice like one would expect an indigenous shaman to sound.

The Four Agreements: A Practical Guide to Personal Freedom ...

The Four Agreements: A Practical Guide to Personal Freedom (A Toltec Wisdom Book) (Paperback) Book Description Amber-Allen Publishing,U.S., United States, 1997. Paperback. Condition: New. 10th Anniversary ed. Language: English. Brand new Book. In The Four Agreements, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering.

9781878424310: The Four Agreements: Practical Guide to ...

The Four Agreements: A Practical Guide to Personal Freedom, A Toltec Wisdom Book, Miguel Ruiz The Four Agreements, was published in 1997 and has sold around 5.2 million copies in the U.S. and has been translated into 38 languages.

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The Four Agreements Quotes by Miguel Ruiz - Goodreads

In The Four Agreements, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec wisdom, The Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.

The Four Agreements Wisdom Book: A Practical Guide to ...

Sit at the foot of a native elder and listen as great wisdom of days long past is passed down. In The Four Agreements shamanic teacher and healer Don Miguel Ruiz exposes self-limiting beliefs and presents a simple yet effective code of personal conduct learned from his Toltec ancestors. Full of grace and simple truth, this handsomely designed book makes a lovely gift for anyone making an elementary change in life, and it reads in a voice that you would expect from an indigenous shaman.

The Four Agreements: A Practical Guide to Personal Freedom ...

The Four Agreements: A Practical Guide to Personal Freedom Paperback – Nov. 1 1997 by Don Miguel Ruiz (Author) 4.6 out of 5 stars 12,556 ratings #1 Best Seller in Native American Studies

The Four Agreements: A Practical Guide to Personal Freedom ...

The Four Agreements: A Practical Guide to Personal Freedom. Don Miguel Ruiz, Janet Mills. Amber-Allen Publishing, Jan 18, 2010 - Self-Help - 160 pages. 12 Reviews. In The Four Agreements, bestselling author don Miguel Ruiz reveals the source of self-limiting beliefs that rob us of joy and create needless suffering. Based on ancient Toltec ...

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